Indoor Air Pollution Reduction in Peru and Bangladesh: Experiences and Lessons to Date

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Context for pilot models
Approaches
Status: baseline monitoring, implementation
Challenges and lessons

### **Context for Pilot Models**

### **IAP and ARI problematic**

- Peru: High altitude/closed kitchen
- Bangladesh: Dense urban slum/common airspace
   Family incomes of<\$1/day</li>
  - Peru: Isolated rural subsistence indigenous farmers
- Bangladesh: Urban migrant population
   Some ICS technology base with evidence for acceptability
  - Good potential for entrepreneurship development
  - Strong local partners: ICS, community experience, health

# Why Peru?

- 8 million rural poor, largely indigenous settled in the Andes region.
- Near exclusive use of biomass for cooking, heating
- Cold and windy weather forces indoor cooking year-round. No or insufficient ventilation
- ARI leading cause of death nationwide (2000)
- Death rates for indigenous children well over twice national average



### Why Bangladesh?

- Urban poor: slums of Saidpur and Parbatipur
- Purchase biomass fuels for cooking
- Cook on earthen/mud stoves
- IAP a major problem
- Rickshaw pullers, small traders, tailors, etc.

*"We have to eat, therefore we cook with whatever is available"* 

Resident, Saidpur



### **Building Models for Scale-Up**

Technology introduction/improvement

- Market development
- Behavior change communication
- Strong community participation
- Engagement of local officials, universities, NGOs

### **Baseline data gathered in 2005**

- Survey: Household energy and health practices and perceptions (Peru, BD)
- Indoor Air Pollution: 24-hr CO, PM<sub>4</sub>/PM<sub>2.5</sub> (Peru, BD)
- Health symptoms: spyrometry and survey (Peru)
- Fuelwood consumption (initiated in Peru)

# Bangladesh

# Preliminary baseline findings

- Cooking period: Avg.  $PM_{2.5}$ 610 ± 528 µg/m3 (cooking area) and 531 ± 535 µg/m<sup>3</sup> (living area).
- Non cooking period: Avg. PM<sub>2.5</sub> 128 ± 104 μg/m<sup>3</sup> (cooking area) and 117 ± 86 μg/m<sup>3</sup> (living area)
- Due to close proximity smoke easily diffuses from cooking to living area.
- Question: is installing stoves with chimneys a viable option for smoke reduction?



# Preliminary baseline findings

• Over 98% of households use biomass stoves

- 40-45% of the households cook <u>outdoors in all</u> <u>seasons</u>
- Near 50% of households use wood as the primary fuel. *Ignitor fuels include: polythene, kerosene, scrap paper, dry leaves etc.*

Fuel is bought because fuel source for collection is not within walking distance



- Awareness reg. adverse impact of smoke though not specific diseases
- Main source of health information through health volunteers and health committee members
- Over 50% seek treatment from local doctors (non-NGO) and over 30% go to religious healers

### Intervention

Four primary components:

 Community participation through MPA for technology development/adoption

Appropriate stove design

 Formation of action plans and local committees to implement these

Social marketing

Demonstration days

Awareness raising materials



### Intervention

#### Behavior change

- Stakeholder consultation for msg development
- Message dissemination through health volunteers, local health committees, and folk songs

#### Entrepreneurship development

- Identification of potential entrepreneurs
- Establishment of revolving funds provide micro-loans to stove entrepreneurs





# Preliminary baseline findings

- Survey conducted in 133 households across 23 communities
- Confirmed need for intervention: 100% cook with biomass, mostly wood over open fires in kitchens with little ventilation
- Little to no awareness of health impacts of smoke
- Minimal awareness of ICS or ventilation improvements
- Cooking takes place 2-3 times/day, total of 4-5 hrs/day
- Women are primary cooks in 90% of homes
- Mostly women collect fuelwood, 1-2 times/week
- Survey revealed preferences on radio stations for social marketing
- Indicated other environmental health problems including safe water, hygiene and waste disposal

# IAP Monitoring: PM, CO (Swisscontact)

#### **Baseline data for 48 kitchens**

PM4:

- 88% of the kitchens had levels exceeding the USEPA and WHO ambient 24-hour standard for PM2.5 of 65 µg/m3.
- Room levels averaged 635 µg/m<sup>3</sup> for 24-hr period, and 907 µg/m3 during cooking times (9 pm - 5 am).
- Levels ranged up to 3880  $\mu g/m3$  for 24 hour average and 6312  $\mu g/m3$  during cooking period.

#### **CO:**

 Majority of kitchen levels exceeded the 1-hour and 8-hour standards. Pending further interpretation.





## Health symptom monitoring: Spyrometry





#### **Baseline results:**

- Lung damage significant, despite non-smoking population
- Men affected as well as women



Technology: locally-adapted, "Rocket"-based efficient stoves and improved ventilation for 600 homes, using local promoters.
23 installed to date in IAP monitored homes.





### Micro-enterprise:

6 stove builders and
2 ceramic artisans
trained to date.
Kiln constructed
and elbow molds
designed.





Micro-credit for increased access: revolving fund of commercialized "animal modules" managed by community environmental health committees in 23 villages. 170 modules distributed to date.







**Behavior change:** Communication campaign—women promoters, posters, radio spots, "healthy kitchen" competitions





# Challenges

### Technology

- Developing the right cooking technology for dense urban slums (chimneys/none, portability, migrant population)
- Materials sourcing for rural areas (e.g. appropriate clay, sufficient ash)

### Balancing priorities

- Among NGOs: health vs. energy focus
- Implementation vs. monitoring: time, logistics

### IAP monitoring

- Equipment unsuitable for field conditions: high IAP levels, powerless situations, slum households – space constraints,
- Challenges with data downloading and computer operation
- Shipping delays, import duties
- Data management from different sources/orgs (survey, IAP, health)
- Micro-financing
  - Micro-credit is easier said than done; trust in local experience
  - Micro-loans for stoves a new concept

### A few lessons to date

- Some things cannot be rushed: partner capacity in managing new credit concept, awareness raising, adoption of new ideas
- Flexibility to make adjustments is critical to being responsive to local realities
- Good advance planning required when large quantities of material required (e.g. ash and clay)
- New partners need close monitoring, to gain confidence
- Communities need to <u>take ownership</u> to facilitate monitoring and implementation
- Indigenous leaders may be willing to volunteer services if their work gets recognition
- Great opportunities exist to engage health messages into IAP awareness campaign, and vice-versa
- ETHOS connection was valuable with last minute help (Jay Smith)